

Clean Times News



*May 2023 -Solid Recovery: Stories and articles to enhance our well-being
Clean Time Celebrations This Month.*

*30 Days
Frank*

*90 Days
Elliot
Sam
Connery*

*6 Months
Seth*

*9 Months
Ernie*

*1 Year
Kevin*

*2 Years
Rocky
Emilly*

*32 Years
Donnell I*

Here is a poem.

THUNDERSTORMS AND WHY THEY ARE BEAUTIFUL
Listen Can you hear it? The sound of hearts beating in grief....
now there drowned out in the sounds of thunder. As the thunder
booms and the lightning cracks the world is in a statement of
awe for a while the people are scared what might happen will
their homes be taken away and will this be the last time they get
to breath? The hate and anger gone for some time. No one
singled out for the wrongs that they did. The thunder drowns out
the pain from a heart lightning cuts through the dark the town is
in worry mode and god is having a bowling tournament enjoy
the beautiful things while you are young and you won't be
scared when you are young and you won't be scared when you
are older.

One's Message. from time to time I stop to think of people in the street I'm sure you know cause most of us experienced it's defeat Out there in some forgotten town or in a darkened room We realized that we were standing face to face with doom Remembering the life I lived where selfishness deceived A time when I loved nothing more than powder or a leaf Returns me to Reality when every-thing seems lost Reminds me that I almost paid the nearly fatal loss. So here and now I'd like to state my feelings on this page. I'm grateful for what's come to me at such an early age Through ever guiding patience your love helps me with today I thank you for the gift that you so freely give away. Then let me always greet the souls who wander through the door And let them know they I have a chance to Die or Live once more To leave or stay to use or not surren-der to defeat And share my faith so they won't have to suffer in the street. Anonymous, Topeka, Ks

Those of us who find the Fellowship and begin to live the steps develop relationships with others. As we grow, we learn to overcome the tendency to run and hide from ourselves and our feelings. Being honest about our feelings helps others to identify with us. We find that when we communicate hon-estly, we reach others.

Basic Text P.81

